

# ***Victoria Gymnastics News Letter***

issued January 18<sup>th</sup>/03

## **Advanced Program Testing**

On Friday, Jan 31<sup>st</sup>/03 at 5:20pm to 7pm. All students from the Kindergym and Recreation programs are invited to take part in our annual testing for entry into the higher level programs such as the Advance Recreation, Performance and Competitive.

The primary objective of our higher level programs is to provide students with an opportunity to take their learned skills out into the public at mall displays, parades, and various demonstrations around the city. The secondary objective is to prepare students for the eventual 'consideration' of placement in our competitive program. These programs differ from the Kindergym and Recreation programs in that special emphasis is placed on body alignment, exact execution of learned skills, and physical preparation through rigorous strength and flexibility conditioning

All attendees must register before Thursday, Jan 30<sup>th</sup>/03 via a sign up sheet located on the office door. The test results will be posted outside the office on Friday, Feb 15<sup>th</sup>/03

## **Spring Break Camp Mar 17<sup>th</sup>.–21<sup>st</sup>/03**

As stated in the current brochure, there are no regular classes during Spring Break Mar. 16<sup>th</sup>. through 21<sup>st</sup>. We will, however, be holding Spring Break camps Monday through Friday, 9:00am to 12:00pm at a cost of \$80 for a total of 15hours of gymnastics – upon request, shorter camp durations are also available at a pro-rated cost. This is a great opportunity to advance your child's CANGYM skill level in a very short time period.

## **CANGYM Testing**

CANGYM testing begins Feb 9<sup>th</sup>. /03 with award presentations to follow Mar 2<sup>nd</sup>. through 8<sup>th</sup>. If your child has a Step 1 or 2 medallion from the last testing session, please bring this medal to class during awards presentation week for the next sticker to be applied. (Mastered medallions are not required)

## **Web Site**

www.victoriagymnastics.com is almost complete. Our launch date is Feb 15<sup>th</sup>/03. This site will host video and pictures of various classes and award ceremonies. After viewing the site on Feb 15<sup>th</sup>/03, if you object to having your child in any of this content please call 380-2442 and it will be removed immediately.

## **Office Hours**

The official office hours are 11:30am to 1pm and 3:30pm to 6:30pm Monday – Friday. Weekend hours are 9:30am to 1:30pm on Saturday and 10am to 1pm on Sunday. Otherwise, a staff member is available by phone from 8:30am through to 7:30pm as all calls are forwarded to a cell phone when the office is physically closed.