

Summer Calendar

The **boxed** and shaded areas indicate only the actual class days paid for in the **monthly** and **weekly** options. Monthly fees are based on four weeks of instruction, camp fees are assessed weekly.

July

(July 3rd - July 29th)

<input checked="" type="checkbox"/> Weekly Summer Camp	<input type="checkbox"/> Monthly Class Program Days	<input checked="" type="checkbox"/> Canceled Class							
			S	M	T	W	T	F	S
1st Camp Week	→		3	4	5	6	7	8	
2nd Camp Week	→		10	11	12	13	14	15	
3rd Camp Week	→		17	18	19	20	21	22	
4th Camp Week	→		24	25	26	27	28	29	

August

(Aug. 7th - Sep. 2nd)

<input checked="" type="checkbox"/> Weekly Summer Camp	<input type="checkbox"/> Monthly Class Program Days	<input checked="" type="checkbox"/> Canceled Class							
			S	M	T	W	T	F	S
Gym Closed For Maintenance	→		31	1	Closed	3	Closed	5	
6th Camp Week	→		7	8	9	10	11	12	
7th Camp Week	→		14	15	16	17	18	19	
8th Camp Week	→		21	22	23	24	25	26	
Extra Camp Week	→		28	29	30	31	1	2	
			- Camp week only -						

Holiday Note: Camps 'will' run on Mon., August 7th, B.C. Day.

Fall Registration:

Avoid disappointment and register early for fall classes; on average, over 150 students are placed on waitlists for two months or more.

Summer Programs 2017



Now With 2 Great Locations:

Downtown at 2051 Store St.
Phone 250-380-2442

and

Westshore at 520 Mount View Ave.
Phone 778-265-6414

- ◆ Certified Instructors
- ◆ Guaranteed Small Class Sizes
- ◆ Boys & Girls Ages 20mo. & Up
- ◆ Beginner Through Advanced
- ◆ State Of The Art Facility

Visit:

www.victoriagymnastics.com

(Victoria Gymnastics is an A.D.Ventures Ltd. company)

Program Description (8:1 student/teacher ratio)

Parent & Tot (Co-ed Ages 20mo. - 3 1/2)

Tots experiment with movements by working on skill progressions that encourage the development of motor skills and spacial orientation, parents aid their child by providing some spotting assistance and by helping to keep the tot focussed.

Kindergym (Co-ed Ages 3 1/2 - 5 1/2)

Our student/teacher ratio of 8-1 provides an excellent learning environment. Your child will develop confidence with elements containing rotation, landing, balance, flight, swing, and spring. Good, safe fun in a well equipped facility. Children experience a high activity level via moving through a circuit format.

Recreation (Boys & Girls Ages 5 1/2 - 12)

Recreation programs are designed first and foremost to be fun. They also provide superior physical development, challenging activity, and a measure of success and accomplishment for your child. Instruction is on all Olympic events plus trampoline. Several sub-stations at each apparatus are used to maximize activity. No experience required.

Teen Gym (Boys & Girls Ages 13 & up)

An introductory course for teenagers with no previous gymnastics experience. Scheduled concurrently with Advanced Recreation classes so that beginner teens are with gymnasts of similar age.

Advanced Recreation (Ages 9 & up)

This program is for boys and girls who have achieved their Silver Medallion. Basic skills and progressions are reinforced while learning many new advanced skills.

Adult Gym Ages 18+

Whether your goal is to learn beginner level skills such as a handstand, cartwheel, handspring or to re-establish the ability to perform previously learned gymnastics skills, the breadth of this program facilitates all ability levels and objectives. Students are divided into groups of similar experience and learning objectives. Emphasis is placed on floor exercise and trampoline skills. By attending classes twice per week, the stretching and strength training in each class will provide the physical preparedness gymnastics demands.

Monthly Program Schedule

Program	Age Range	Day(s) Choose Any Number Of Days	Time(s)	Monthly Costs	
				1x/week	2x/week
Parent & Tot	20mo. - 3 1/2	Sat.	9:00 - 10:00	\$56 1x/week	
Parent & Tot	20mo. - 3 1/2	T, W,Th or Sat.	10:30 - 11:30	\$56 1x/week	\$91 2x/week
Kindergym	3 1/2 - 5 1/2	T, W,Th or Sat.	9:00 - 10:30	\$74 1x/week	\$121 2x/week
		T, W,Th or Sat.	10:30 - 12:00	\$74 1x/week	
Recreation	5 1/2 - 12	Sat.	9:00 - 10:30	\$74 1x/week	
		Sat.	10:30 - 12:00	\$74 1x/week	
<i>May be held as Co-ed</i>		Tue. and/or Thu	4:30 - 6:30	\$91 1x/week	\$147 2x/week
Teen Gym	13+	Tue. and/or Thu.	4:30 - 6:30	\$91 1x/week	\$147 2x/week
Advanced Rec.	9 - 17	Tue. and/or Thu.	4:30 - 6:30	\$91 1x/week	\$147 2x/week
Adult Gym	18+	Tue. and Thu.	6:40 - 7:55		\$69 2x/week*

Please Add GST To All Fees

August fees are pro-rated. See calendar

Weekly Morning or Afternoon Five Day Camp



Kindergym Camp

Boys & Girls Ages 3½ - 5½

Fun & Fitness Through Fundamentals

Our summer camps are structured to ensure maximum activity while having the best time possible. This is achieved by circuit set-ups on each apparatus upon which specific skills or progressions are exercised. Our certified instructors combine games and gymnastics to promote participation, fun, and skill development. (8:1 ratio except with assistant, 10:1)

A 'Medallion Program' presentation is held at the end of each week during the last 10 min. of the Friday class.

- No experience required.
- Bring a snack (no nuts please)

Fees

\$143/week session + GST
** Camps will run Aug. 7th, BC Day

Schedule

Months	Days	Times
July	3 - 7	9-12pm or 1-4pm
July	10 - 14	9-12pm or 1-4pm
July	17 - 21	9-12pm or 1-4pm
July	24 - 28	9-12pm or 1-4pm
Please Note: Downtown Gym Closed July 31– Aug 4		
July/Aug	31 - 4 Colwood Only	9-12pm or 1-4pm
Aug**	7 - 11	9-12pm or 1-4pm
Aug	14 - 18	9-12pm or 1-4pm
Aug	21 - 25	9-12pm or 1-4pm
Aug/Sep.	28 - 1	9-12pm only

Recreation Camp

Boys & Girls Ages 5½ - 12

Agility and Coordination Through Fun

Our certified staff will introduce exciting new skills that encourage balance, coordination, flexibility, and strength, to both the experienced and beginner gymnasts. Children are grouped according to their age and gymnastics experience. Fun gymnastics games are incorporated into each daily session. (10:1 ratio)

A 'Medallion Program' awards presentation is held at the end of each week during the last 10 min. of the Friday class.

- No experience required.
- Bring a snack (no nuts please)

Fees

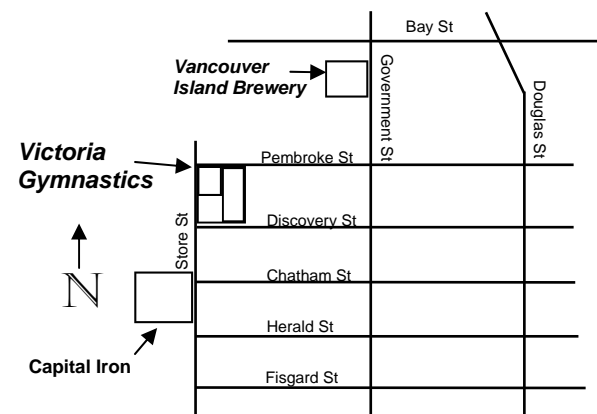
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Why Victoria Gymnastics ?

- We have the lowest student/teacher ratio in Victoria.
- Our coaches are certified
- Our Medallion Program is structured to be inclusive, individualized, and non-competitive.
- We are conveniently located two blocks north of Capital Iron with ample free street parking.
- A fresh environment that is acoustically reduced, ozone treated and naturally lighted
- **Our Commitment: To provide quality gymnastics instruction, with maximum activity level, in a well-structured, fun and safe environment.**



Birthday Parties

Your child and 9 of her or his friends will have an absolute blast at one of our action packed gymnastics parties.

*** What's included?**

- > We supply invitations, hats, napkins, table cover, streamers, and balloons
- > 2 certified instructors > free T-shirt
- > 40' long trampoline > foam cube pit
- > fully equipped private party rooms

* **Cost:** 10kids = \$139 + GST (add \$10/ additional child - max. of 18 kids)

* **Duration:** 1 hour of gym time followed by 45 minutes in a party room.

* **Days:** Saturday afternoons

Registration Policies

1) Summer Registration Fee

A non-refundable fee of \$20.00 plus GST (July 1st., '17 to Aug. 31st, '17) is required at all levels of membership for insurance and registration. Half of this fee is subtracted from the annual Fall '17 registration.

Note: This fee applies to non-members only.

2) Payment

Payment may be made cash, cheque, or card. Payments via Visa or MasterCard must cover all class or camp reservations in one payment and are non-refundable, however class credit note is provided. All non-present card payments include a 2% administration fee.

All fees must be paid in full at the time of registration. *Sorry, no exceptions.*

3) Late Starters

Enrollment is continuous. Fees are pro-rated at the time of registration for late starters.

4) Make-up Classes

Students will receive a class credit for missed classes when they are reported before the missed day. Credits will be honored through to Dec. 31/'17. Credits are not redeemable for cash. See fall brochure for make-up class dates and times. When fees are owing, make-up classes are disallowed. Students must be 'Actively' registered in a current program to take part in a make-up class. Make-ups are only available at the location in which the missed class took place.

Note: Credit is given regardless of the reason for the missed class - including vacation time.

5) Refunds

Notice must be received 7 days prior to the start of the monthly program or weekly camp in which your child has registered; in which case, a refund will be issued (*except in the case of a credit card payment*). In all other cases, a credit will be issued.

6) Class Cancellations

We reserve the right to cancel or change class times; in either case, notification will be given and classes rescheduled. From time to time, class ratios may be effected by a coaches' illness — every effort is made to minimize this occurrence. Such events may also necessitate a substitute temporary instructor for your child's class.

Free Make-up Classes Any Time During The Summer, See 'Class Calendar' on reverse